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During the patient visit, objective findings revealed signs of tension and restricted range of motion in the neck and shoulders, indicative of chronic neck pain. The plan for acupuncture treatment includes targeting specific acupoints along the meridians associated with pain relief and relaxation, with a focus on reducing muscle stiffness and promoting circulation to alleviate discomfort effectively.

     

Write a two-sentence summary of patient visit, including objective findings and plan of acupuncture treatment for neck pain from old whiplash injury. Be specific and concise.



During the patient visit, objective findings confirmed muscle tenderness, reduced range of motion, and localized stiffness in the cervical spine, consistent with symptoms of neck pain from an old whiplash injury. The plan for acupuncture treatment involves targeting key acupoints to alleviate muscle tension, promote tissue healing, and improve mobility, with a focus on addressing both acute and chronic aspects of the injury for comprehensive relief.

     

Write a two-sentence summary of patient visit, including objective findings and plan of acupuncture treatment for a foot pain. Be specific and concise.



During the patient visit, objective findings revealed localized tenderness, swelling, and limited mobility in the foot, suggestive of plantar fasciitis. The plan for acupuncture treatment involves targeting specific acupoints in the foot and lower leg to reduce inflammation, relieve pain, and improve overall foot function, with a focus on addressing underlying musculoskeletal imbalances for long-term relief.



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